

Our Daily Time Table

07.00 am: Mass

07.45 am: Breakfast

09.00 pm: Morning Sessions till 12.45pm with as many breaks as needed

01.00 pm: Lunch

03.00 pm: Afternoon Sessions till 05.30 pm with as many breaks as needed

05.30 pm – 07.15 pm: Free

07.15 pm: 45 minutes of Silent Adoration

08.00 pm: Supper

08.30 pm: Recreation / Get-together / Movies

Tea breaks will be in the morning and evening sessions around 10.00am and 4.00pm

On Sundays, there is no organized Mass at the centre. You can attend the Mass in our chapel at 6.30am or go to any nearby parishes or you can organize Mass by yourself at the centre privately at your convenient time.