DIPLOMA IN COUNSELLING PSYCHOLOGY

From 1st July to 27th September, 2020 (90 full Days)

The Bishops, the Major Superiors, Superiors of Religious Communities and Rectors of Seminaries have ample people who need serious help in their emotional issues shown in inappropriate behaviours in their day-to-day life and ministries. These Religious Leaders look for someone who can guide and help them in these members' journey of life. Unfortunately there are very few people who can do this service though they may hold degrees in Psychology or Spirituality. People who have the aptitude and trained sufficiently, in the area of helping others, is a great need in the Church in India today.

The Formators in general are at a loss to help the formees who come with a lot of emotional baggage. The Parishes and Institutions look for people who can be of help.

The Government of India is going to demand all our Educational Institutions to have trained Student Counsellors to be at the service of the students.

Keeping all these in mind the Jesuit Centre at Secunderabad is coming forward to meet these needs by forming and training the personnel. It will help those in Sabbatical and desire to move into helping ministry in the future. We have chalked out a three-month course of Counselling Psychology, which we are announcing to you. The course <u>is not meant</u> for those who seek healing but for those who will be facilitating the healing process in others. This course prepares resource persons.

In this course we give some basic knowledge in Psychology focusing on the inner emotional dynamics of human persons. Then we move into dealing with the emotional issues of the participants so that the course is to help others by experiencing being helped themselves. Then we lead the participants into systematic formation and skills learning step by step.

The Major Superiors in general look forward to other Congregations to help their own people rather than training their own personnel who can be of great help to the members of the Congregation and to others. We place before you this Course in Counselling Psychology to make use of it.

You are welcome to send your members to benefit by this course and help others.

The dates: 1st July – 27th September, 2020 (90 full days). Arrival on 30th of June by 8.00pm **Venue**: Satyodayam, Jesuit Retreat Centre, Tarnaka, Secunderabad 17.

Facilities: Single rooms with bathroom attached.

The Age Limit of the participants: 30 - 65

Maximum Number of Participants: 25

Admission Policy: First come first served. Please apply by email by filling up the application form in the attachment and sending it in attachment to us. You are welcome to contact the coordinator through mobile or better through email. Admission is confirmed only on the payment of Registration Fee.

Registration Fees: Indian Rs. 1000/- (non-refundable)

Total Fees (boarding + lodging + course fee + registration fee): Indian Rs. 45,000/- (Rs. 500/- per day). **Contact:** Personal Email IDs of the Programme Director: <u>mkrajsjap@gmail.com</u> Personal Mobile & WhatsApp Number: **9133255690**,

Fr. M. Kulandai Raj, SJ, Programme Director. Satyodayam, 12-5-33. Vijaypuri Colony, (Near Tarnaka Centre), Secunderabad 500017 TS Note: A certificate from LOYOLA ACADEMY (Autonomous PG & UG College), affiliated to Osmania University will be issued at the end of the course.

The application form is in the attachment

Our website: <u>http://andhrajesuitprovince.org/new/</u>

Modules of Diploma Course

MODULES OF DIPLOMA COURSE from JULY 1ST TO SEPTEMBER 27TH 2020

	DATES	MODULE	Duration
	30 TH June	Arrival	
1	1 st July	Orientation	
2.	July 2-4	Awareness	3 days
	July 5	Sunday – BREAK	
3	July 6 – 7	Lateral & 3A thinking	2 days
4	July 8-11	Developmental Stages	4 days
	July 12	Sunday – BREAK	
5.	July13 - 17	Psycho-sexual Inte.	5 days
	18	Integration Days	Half Day
	July 19 th	Sunday – BREAK	
7	July20 – 24	Intensive journal	5 days
	July 25	Integration Day	Half Day
	July 26 th	Sunday – BREAK	2
8.	July27–Aug1	Inner Child	6 days
	2 Aug	Sunday Break	ž
9	Aug 3 -7	NLP	5 days
10.	Aug 8	Integration Day	Half Day
	Aug 9	Sunday– BREAK	
11.	Aug 10-14	Enneagram	5 days
	Aug 15 th	Integration Day	Half Day
	August 16	Sunday – BREAK	•
	17-22	Family Theraphy	6 Days
	Aug 23	Sunday PICNIC	
	Aug 24	Rest	
	Aug 25-29	Counselling Skills	5 days +5 days
	Aug 30	Sunday – BREAK	
	Aug31-4 S	Counselling Skills con	5 days
	Sep 5	Integration Day	Half Day
	Sep 6	Sunday – BREAK	
	Sep7-11	Yogic Healing	5 days
	Sep 12	Integration Day	Half Day
	Sep 13	Sunday – BREAK	ž
	Sep14-18	Midlife Spirituality	5 days
	Sep 19	Integration Day	Half Day
	Sep 20	Sunday – BREAK	
	Sep21-25	Psycho-spiritual Int	5 days
	Sep 26	Walking back 3 months	

Integration Day: Hal Day In Silence and the rest of the day spending time in reading and assimilating